

2026-2027 Bristow Oblate Meeting Schedule

Foundations of Benedictine Spirituality by John Ellington

September 19 Introduction

Chapter 5 Lectio Divina and the Benedictine Way of Reading

October 10 Retreat at the monastery

November 14 Chapter 1 St. Benedict and the Benedictine Origin Story

Chapter 2 The Rule as a Path of Spiritual Formation

December 12 Chapter 3 The Benedictine Vows and the Shape of a Life

Chapter 4 The Daily Office and the Sanctification of Time

January 9 Chapter 6 Work, Craft and the Spirituality of Ordinary Tasks

Chapter 7 Community, Hospitality and the School of Charity

February 20 Chapter 8 Humility, Silence and Inner Freedom

March 13 Chapter 9 Stability in a Restless Age

April 10 Chapter 10 Benedictine Spirituality Today

Afterword

May 8 Oblation at the monastery